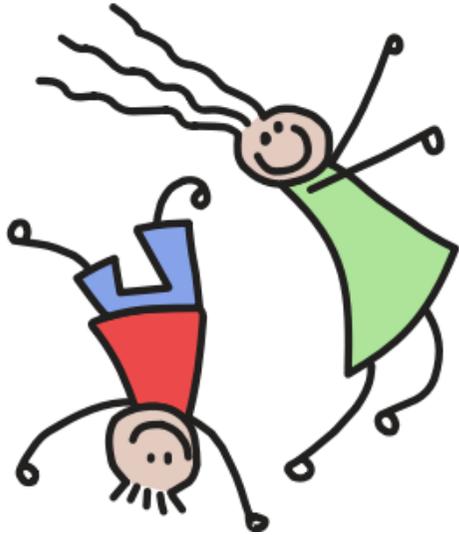


Play and Sports:

Your child should not play any contact sports e.g. football for 6 weeks after the surgery. Avoid riding a bike or any other sit-on toy for 6 weeks. Encourage no lifting of heavy objects for 6 weeks.



School:

Your child should be able to return to school within a couple of days when he is feeling more comfortable. It is very important to remind your child to avoid playing contact sports when he is in school

Contact you GP for medical advice if:

- There is increased swelling
- Oozing from the operation site
- Bleeding from the operation site
- Extreme pain
- Child has a high temperature
- Increased redness in the area
- The area is hot to touch

Your outpatient appointment is on

Date: _____

Time: _____

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Date Issued: July 2019

The information in this leaflet is correct at time of development

Orchidopexy Information for Parents & Guardians



What is an orchidopexy?

Boys testes develop in their tummies. They usually move down into the scrotum, before they are born, and sometimes when the child is 6 months old. Sometimes, they don't move down on their own, and surgery is needed. This is an **Orchidopexy**. It is the only treatment for undescended testes. It can affect one or both testes. It is normally performed in early childhood



Reasons for surgery

- It decreases the chance of injury to the testes
- It can help with boys self esteem
- It can have a benefit to fertility, as the temperature in the tummy is too hot for sperm to survive
- It is important to be able to monitor the testes for lumps as an indicator for cancer in later life.

What happens during the surgery?

This operation is normally done as a day case, under general anaesthetic. The operation can be done as open surgery or keyhole (laparoscopic). The doctor will make a small cut near where the testicle is. They will then move the testicle into the right place.



Sometimes they will find that the testicle is very small or abnormal, which may need to be removed. The doctor will explain this to you before surgery. There may be a hernia associated with the undescended testicle that might need to be repaired at the time of operation

What to expect after your surgery

Pain:

Please see CUH pain leaflet given to you by staff

Wound:

- The child's groin will feel sore and will look bruised and swollen for a few days after surgery.
- You should be alert to any signs of oozing or bleeding. If this is noticed you should contact your GP.
- Stiches in the skin are usually dissolvable meaning they will not have to be removed. You will be informed if this is the case.
- There may be steristrips on the wound which will fall off within five to seven days.
- The use of scrotal support may be advised .
- Encourage the child to wear loose clothing and one size bigger in child's boxers.

Hygiene:

Try to keep the operation site clean and dry for at least 2-3 days to allow healing to occur. A shower is better than a bath. Your child can have a shower 48 hours post surgery

