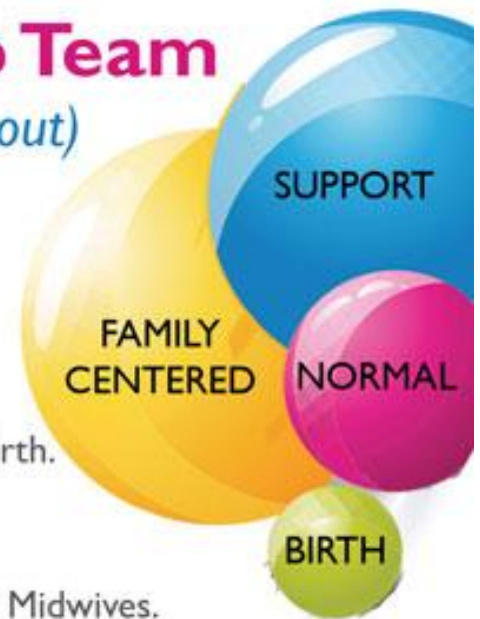




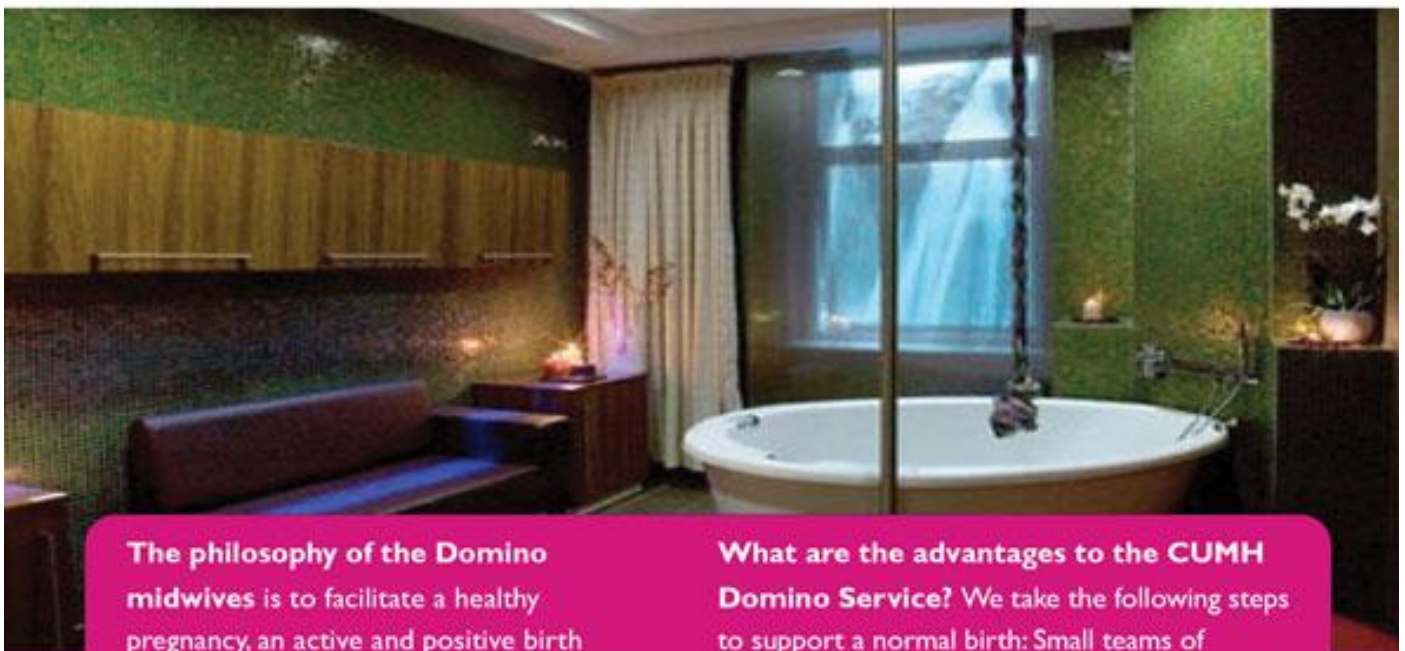
CUMH MIDWIFE-LED CARE: Domino Team

(Domiciliary care in and out)



A high quality service within 5 miles of CUMH.

- ▶ Midwife Managed Care.
- ▶ Antenatal Education to support Natural Normal Birth.
- ▶ Discharge from Hospital within 6 to 12 hours.
- ▶ 5 Days of Home Visits from a team of experienced Midwives.



The philosophy of the Domino midwives is to facilitate a healthy pregnancy, an active and positive birth experience and ultimately a healthy mother and baby. The Domino midwives aim to facilitate women to achieve a normal natural birth. To do this we actively encourage women to prepare the mind and body for pregnancy, birth and adaptation to parenthood.

If you are interested please contact **Martina Dillon, Domino Lead Midwife (086) 7872 396**. Or ask to be referred by your GP or at your 12 week booking visit.

What are the advantages to the CUMH Domino Service? We take the following steps to support a normal birth: Small teams of midwives provide your care therefore you get to know your midwife; Particular emphasis on helping mothers to achieve a normal birth with as few interventions as possible; The same team of midwives will support you before and after the birth of your baby, so your new family gets the best possible start.



CUMH MIDWIFE-LED CARE: Domino Team

The Domino Scheme provides high quality safe care to mothers who have a normal pregnancy and meet the criteria for our scheme.

ANTENATAL SUPPORT:

Midwives provide woman centered care that involves women and their partners at each stage of the pregnancy, our philosophy of care is one of informed choice while aiming for the best possible pregnancy and birth for you. We work within CUMH and can easily liaise with the medical teams if your pregnancy needs further input from an obstetrician, physiotherapist, neonatologist, or any of the other disciplines available on our campus.

BIRTH SUPPORT:

We promote the use of water immersion for labour to facilitate a normal birth.

We encourage a positive approach to birth through active birth antenatal education and our midwives provide one to one care during labour and birth aiming for the best birth experience.

GOING HOME: FIVE SUPPORTED DAYS OF DOMINO CARE:

A midwife who works in the CUMH Domino team will visit you.

As a family centered service we facilitate your transfer home 6-12 hours after your baby is born. The team will continue to look after you and your baby at home until the 5th postnatal day. We will monitor you and baby and provide feeding support for those important days after the birth. The public health nurse and GP will take over your care from your Domino Midwife after your discharge.

POSITIVE BIRTH

MIDWIFE LED CARE

HOME MIDWIFERY SUPPORT